

## Contact details

To make, change or cancel an appointment, please call the CSH Surrey Referral Management Centre:

**T: 020 8394 3868**

The team is available Monday to Friday, 8.00am – 6.00pm.

Podiatry clinics are held at:

- Banstead Clinic
- Bourne Hall Health Centre
- Claygate Day Centre
- Cobham Clinic
- Dorking Hospital
- Emberbrook Community Centre
- Epsom Clinic
- Leatherhead Clinic
- Molesey Clinic
- Tattenham Health Centre.

Home visits may be arranged for those who are housebound.

## Need to contact the service?

Please see the Contact details section of this leaflet.

## Your experiences

CSH Surrey is committed to putting people first and continually improving services through listening and responding to feedback. To share your experiences, please:

Call: 020 8394 3846/43

Email: [CSH.Feedback@nhs.net](mailto:CSH.Feedback@nhs.net)

Or write to the Head Office address below.

## Large print, audio format or another language

Call 020 8394 3846/43

or email [CSH.Communications@nhs.net](mailto:CSH.Communications@nhs.net)

to receive this information in large print, audio format or another language.

## General enquiries

Visit [www.cshsurrey.co.uk](http://www.cshsurrey.co.uk) for information and contact details for all other CSH Surrey services.

### A heart in the community

CSH Surrey, proud to be part of the CSH Group. As a social enterprise, CSH makes profit to benefit local communities and to enhance its health and care services.



CSH Surrey, Head Office  
Ewell Court Clinic, Ewell Court Avenue  
Ewell, Epsom, KT19 0DZ

Company registered number 5700920



## Podiatry Service

Information for patients,  
carers and relatives

### Better healthcare together

CSH Surrey, providing NHS community nursing and therapy services in the homes, schools, clinics and hospitals in the heart of Surrey since 2006.

## What do we do?

Our podiatrists assess, treat and provide advice to help you keep your feet healthy and relieve painful symptoms.

## Who do we see?

We accept referrals for people who might be at risk from any of the following:

- Diabetes
- Anticoagulant therapy (eg Warfarin)
- Weakened immunity (eg undergoing chemotherapy)
- Peripheral vascular disease
- Peripheral neuropathy
- HIV / Hepatitis B
- Inherited conditions (eg hyperkeratosis)
- Rheumatoid arthritis
- High dose steroid therapy.

We also accept referrals to our service for those who have:

- In-growing toenails
- Functional problems
- Sports injuries
- Foot ulcers
- Severe sepsis
- Severe corns or calluses
- Severe foot deformity.

## How can you get help from our service?

You can be referred to our service by any of the following:

- Your GP or consultant
- The Social Care team
- Your relatives and carers
- Practice Nurses
- District Nurses.

You can also refer yourself by completing a referral form available from your GP practice.

## How do we help you?

After being referred you will be invited to attend an advice session about good foot health and safe self-care. This will include a one-to-one assessment. If treatment is needed, we will invite you to attend a podiatry clinic for a detailed assessment of your condition. We will then agree a treatment plan with you.

The plan will include advice on how to care for your feet and manage your foot conditions to reduce the risk of further complications. Your relatives and/or carers can accompany you to appointments and help with your treatment plan if you wish.



## What treatments do we provide?

- Management of foot wounds that are not healing
- Treatment of acute and chronic conditions that are causing pain and disability
- Treatment of severe corns and calluses to reduce pain, reduce risk of ulceration and improve mobility
- Nail surgery for in-growing toenails and other nail conditions
- Prescribing insoles and orthotics for functional foot problems.

## Treatments we are not funded to provide

Toenail cutting, treatment of minor corns and calluses, or foot problems not associated with specific medical conditions.

## How can you recognise us?

Podiatrists wear black trousers and white tunics with black trims. Podiatry technicians wear black trousers and white tunics with a white trim.