

## Service contact details

Adult Dietetic team  
Rowan House  
Epsom General Hospital  
Dorking Road  
Epsom KT18 7EG

### Community Team

Monday to Friday, 9.00am – 5.00pm  
Tel: 01372 735 278

### Acute Team

Monday to Friday, 8.30am – 4.30pm  
Tel: 01372 735 735 (ext. 6193)

## Need to contact the service?

Please see the Service contact details section of this leaflet.

## Your experiences

CSH Surrey is committed to putting people first and continually improving services through listening and responding to feedback. To share your experiences, please:

Call: 020 8394 3846/43  
Email: [CSH.Feedback@nhs.net](mailto:CSH.Feedback@nhs.net)  
Or write to the Head Office address below.

## Large print, audio format or another language

Call 020 8394 3846/43  
or email [CSH.Communications@nhs.net](mailto:CSH.Communications@nhs.net)  
to receive this information in large print,  
audio format or another language.

## General enquiries

Visit [www.cshsurrey.co.uk](http://www.cshsurrey.co.uk) for information and contact details for all other CSH Surrey services.

### A heart in the community

CSH Surrey, proud to be part of the CSH Group. As a social enterprise, CSH makes profit to benefit local communities and to enhance its health and care services.



CSH Surrey, Head Office  
Ewell Court Clinic, Ewell Court Avenue  
Ewell, Epsom, KT19 0DZ

Company registered number 5700920



## Adult Dietetics

Information for patients,  
carers and relatives

## Better healthcare together

CSH Surrey, providing NHS community nursing and therapy services in the homes, schools, clinics and hospitals in the heart of Surrey since 2006.

## What do we do?

We are the only qualified health professionals that assess, diagnose and treat dietary and nutritional problems.

We use the most up-to-date research on food, health and disease, which we translate into practical guidance to enable you to make appropriate lifestyle and food choices.

## How do we do this?

We work with you, and - with your permission - your relatives and carers, as well as your healthcare team, to look at your diet and any medical or social factors influencing what you eat and what your body needs. We use this information to help you to make dietary, behavioural and lifestyle changes in order to best manage your individual nutritional needs.

## Where do we provide the service?

- In Epsom General Hospital for inpatients
- In outpatient clinics across the mid Surrey area
- In GP surgeries
- In nursing homes (home enteral tube feeding only)
- In your own home.

We see patients individually or in a group, depending on the nature of their condition.

## Who can use our service?

We provide nutritional advice and support for a number of conditions, including:

- Diabetes
- Coeliac disease
- Irritable bowel syndrome (IBS) and food intolerance
- Obesity
- Malnutrition and nutritional deficiencies
- Artificial feeding (tube feeding)
- Cardiovascular disease.

## How do you get help from our service?

To get help from the dietetic service you can be referred by:

- Your GP
- Your hospital consultant
- The social care team
- Other health care professionals.

“I received really useful, practical and effective advice.”



Patient