

## Contact details

Our stroke team has specialist knowledge in stroke and stroke care, and is skilled in helping people deal with the feelings they may be experiencing.

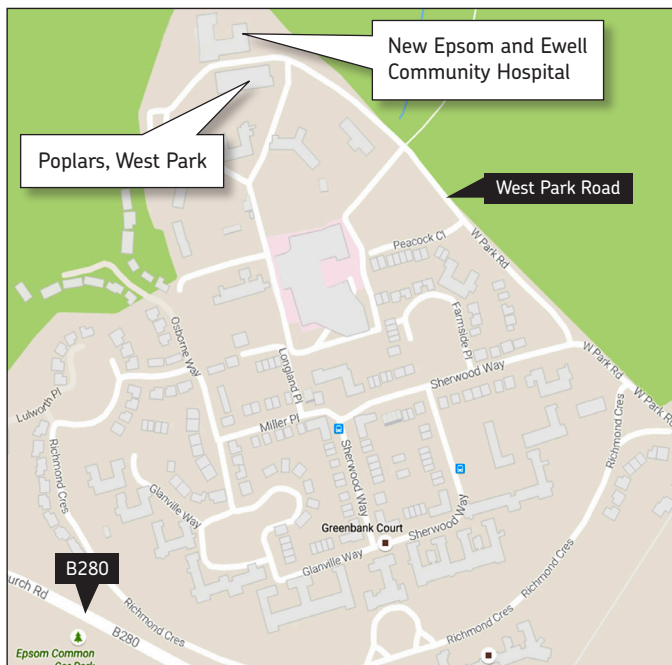
If you have any questions or concerns regarding your review, please contact us as soon as possible so we can help answer them.

We aim to provide you with the highest quality of care and we value your comments about the service you receive.

The Stroke Review Service can be contacted at:

The Poplars  
West Park Road, Horton Lane  
Epsom, Surrey  
KT19 8PB

T: 01372 734 867  
F: 01372 734 880



## Need to contact the service?

Please see the Contact details section of this leaflet.

## Your experiences

CSH Surrey is committed to putting people first and continually improving services through listening and responding to feedback. To share your experiences, please:

Call: 01306 646 223

Email: [CSH.Feedback@nhs.net](mailto:CSH.Feedback@nhs.net)

Or write to the Governance Office address below.

## Large print, audio format or another language

Call 01306 646 223

or email [CSH.Communications@nhs.net](mailto:CSH.Communications@nhs.net)

to receive this information in large print, audio format or another language.

## General enquiries

Visit [www.cshsurrey.co.uk](http://www.cshsurrey.co.uk) for information and contact details for all other CSH Surrey services.

## A heart in the community

CSH Surrey, proud to be part of the CSH Group. As a social enterprise, CSH makes profit to benefit local communities and to enhance its health and care services.



Quality and Governance Office,  
CSH Surrey, Leatherhead Hospital,  
Poplar Road, Leatherhead, Surrey,  
KT22 8SD

# Stroke Review Service

Facilitating long-term support  
for people following stroke

Information for patients,  
carers and relatives

## Better healthcare together

CSH Surrey, providing NHS community nursing and therapy services in the homes, schools, clinics and hospitals in the heart of Surrey since 2006.

## What is the Stroke Review Service?

This is a specialist service offering people who have experienced a stroke the opportunity to have a review six months after their discharge from hospital.

We know that people who have had strokes, as well as their carers, can benefit from a check to see if they need more information, help or treatment.

The reviews are an opportunity for us to assess how you are coping with life after a stroke, and whether you need further help and support.

## Who can use the service?

This service is for patients over the age of 18, who have experienced a stroke and are registered with a GP in the East Elmbridge and mid Surrey areas.

## Our team

- A stroke specialist nurse
- Administration staff

## What happens at a review?

- Assess your individual difficulties and needs, including daily activities, mobility, pain, mood and risk of falls
- Provide information, advice and support for you and your family and/or carers
- Check your blood pressure on both arms, and feel your pulse
- Complete a 'mood screen' questionnaire
- Refer you for further specialist rehabilitation if needed
- Invite you to attend the 'Life after stroke workshop'
- Talk with you to plan referral to other services as required/necessary
- Look at blood test results
- Review your '6 week stroke clinic' letter to assist with outstanding recommendations

Following the review, we will write to your GP with a summary of our discussions and any recommendations made.

## How do you get a review?

We will contact you to offer a stroke review around six months after your discharge from hospital.

## Where will the review take place?

Our clinics are held at:

### The Poplars

West Park Road, Horton Lane  
Epsom  
KT19 8PB

T: 01372 734 867

Please bring the following with you to your review:

- Your own blood pressure machine (if you have one)
- A list of all current medication

If you are unable to attend the clinic (for example, if you are housebound), please phone us and we will make an appointment to come and see you at home

"The support has been invaluable and has helped me on the road to recovery."

Patient

