

## Local communication support services – Northwest Surrey

### TALK

This is a **communication group** led by **volunteers**. You can have supported conversation in a **fun, social environment** and **meet** other **people** who have **communication difficulties** after stroke.

These groups are face to face. Groups meet in **Ashford, Guildford, Knaphill** and **Walton**. Groups meet **for 2 hours each week**. There is a small cost per session.

To join a group call or email.

**Contact number:** 01784 420371

**Email:** [info@talksurrey.org.uk](mailto:info@talksurrey.org.uk)

**Website:** <https://www.talksurrey.org.uk/>

### Dyscover

**Dyscover** is a **communication group** led by **speech and language therapists**. Groups are **face to face** and **online**.

Face to face groups are in **Kingston** and **Leatherhead**.

There **is** a **cost** per session, and you will have to pay for the whole term. There are **bursaries available**.

**Contact number:** 01737 819419

**Email:** [info@dyscover.org.uk](mailto:info@dyscover.org.uk)

**Website:** [www.dyscover.org.uk/](http://www.dyscover.org.uk/)

### Aphasia iCafe

Aphasia iCafe provides **virtual communication** and support groups for people with **communication difficulties**.

The group sessions aim to help people to **practise** their **communication strategies** and **reduce isolation**.

Each group has **4-6 participants** and **two facilitators** (students).

The sessions are run **weekly** on Zoom and they last **1 hour**.

The sessions include conversation topics, would you rather, music/movie quizzes, word finding activities, discussing videos together, etc.

The sessions are **free**. There is a **1-2 month wait** to join a group.

**Contact number:** 07951813864

**Email:** [icafegrouponzoom@gmail.com](mailto:icafegrouponzoom@gmail.com)

**Website:** <https://aphasiaicafe.com/>

## **Aphasia re-connect**

**Aphasia Re-connect** is a **charity** that offers **long-term peer support** for stroke survivors with **communication difficulties**.

They have **online groups** run by **student speech and language therapists**.

Groups focus on various **hobbies** and **discussion topics**.

There are also **buddies** who can contact you by **phone, video calls** or **letters**.

You can attend a **face-to-face** group, **in London**.

**Contact number:** 07821 040 388.

**Email:** [info@aphasiareconnect.org](mailto:info@aphasiareconnect.org)

**Website:** <https://aphasiareconnect.org/find-peer-support/support-at-home/virtual-groups/>

## **Say Aphasia**

This is a **charity** that offers **online support** via zoom every **Wednesday morning**.

Groups are **run by people** with **aphasia**.

It is an opportunity to get **peer support** and talk to other **people** with **aphasia**.

**Contact number:** 07796 143118

**Email:** [colin@sayaphasia.org](mailto:colin@sayaphasia.org)

**Website:** <https://www.sayaphasia.org/online>

## **ACE**

This is a **charity** that aims to **support communication** for people with **aphasia**.

They provide a **course** which explains how to use **different strategies** to **improve conversations** between people with aphasia and their loved ones.

This **online course** is for people **supporting** someone with **aphasia** and would like to learn how to do this more **effectively**.

**Contact number:** 0800 080 3115

**Email:** [enquiries@acecentre.org.uk](mailto:enquiries@acecentre.org.uk)

**Website:** <https://acecentre.org.uk/learning/supporting-communication-for-people-with-aphasia-i>

## **The Tavistock Trust for Aphasia**

This **organisation** provides **small grants** for **individuals, carers** or **groups**. They ask for a small contribution

The **grants** can be used to purchase **technology** or **apps** that can support people who have **aphasia**.

You will need to complete an **application form**. You will also need a **letter** from a **speech and language therapist to apply**.

**Contact number:** 01525 290002

**Email:** [TTA@tavistocktrustaphasia.org](mailto:TTA@tavistocktrustaphasia.org)

**Website:** <https://aphasiatavistocktrust.org/grants/>

## **Same You**

Same You is a **charity** that aims to **improve mental health** for people who have survived a brain injury, including **strokes**

They have **videos, webinars, podcasts** and **handouts** on their website.

**Website:** <https://www.sameyou.org/resources>

## Apps and websites

### Aphasia Therapy online

**Free website** to practice **listening, spelling, reading** and **naming**. Available in **9 different languages** with multiple options for **increasing/decreasing difficulty**.

Website: <https://www.aphasiatherapyonline.com/>

### Tactus Therapy

**Tactus** make speech therapy apps that give stroke survivors the **intensive practice** they need to get better. There are some lite versions of the app which are **free** and may be best to **try before buying**. <https://tactustherapy.com/brochure/>

Website: <https://tactustherapy.com/>